

## HELP AT HOME WHEN YOU NEED IT MOST

Care at home is a great option when you're able to stay at home but need support with everyday tasks. If you have a disability, are recuperating from an illness, recovering from an accident, or just need help with everyday tasks, our wide range of home care services could be for you.



### Regaining Independence

Life as independently before, but with help for those everyday tasks which become harder when we age



### Familiar Surroundings

Remain close to family and friends in a familiar environment you are comfortable in



### Limited Disruption

Maintain regular routines such as visiting friends and family, sitting in the garden and going to the shops



### Flexibility

Choose how much or how little care you receive, and the times and frequency in which you want to receive it



### Person-Centred Care

Your needs are met one-to-one with one of our carers



### Companionship

A carer on hand to help so you don't have to struggle on your own



### Cost of Care

Depending on your individual needs, the cost of care at home is often cheaper than moving into a care home



### Remain with Pets

There's often no need to relocate your pet companions when you opt for care at home



For questions about our care at home services contact us today  
**contact@altogethercare.co.uk**, or call **01305 300 161**  
**altogethercare.co.uk/care-at-home**