



#### FINDING THE RIGHT CARE AT HOME SERVICE FOR YOU

Our care at home team want to make life as easy as possible for you in the comfort of your own home. Altogether Care's care at home services include a range of specialist options to offer you more choice.



#### **Personal Care**

Thoughtful assistance with daily tasks including personal hygiene and using the toilet, provided with sensitivity and dignity.



#### **Personal Assistant**

Supply or assistance in finding and hiring someone to help with regular daily tasks, duties and responsibility, and companionship for social activities.



## **Practical Support**

Assistance with household cleaning, washing/ironing, shopping, cooking and collecting pensions. Arrange transport service and accompany to medical appointments, day care and general outings.



## **Hospital to Home**

Short-term support upon returning home from hospital such as stocking your fridge, making your bed and virtual medication reminders



# **High Dependency Care**

Physical care and assistance enabling you to return home early from hospital. Live-in care is available for those needing close monitoring and 24/7 support.



# Learning Disability Care

Trained carers assist individuals who struggle with understanding, learning, and completing daily tasks promoting and preserving their independence.



# Re-enabling and Enabling Care

Assistance with regaining your skills, confidence, and independence after an accident or poor health. Activities to help you lead a more productive, active and full life.



## Respite Carer Breaks

Skilled Dementia carers offer temporary relief and ongoing care options if you're unable to continue looking after your loved one.

Scan to contact our local offices



For questions about our care at home services contact us today **contact@altogethercare.co.uk**, or call **01305 300 161 | altogethercare.co.uk/care-at-home**